

Community Need**Status****Community Health Needs Assessment Update- 1/28/2014**

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<p>CANCER As cancer has become the leading cause of death in the county and residents identified a need for expanded and integrated cancer services, IRMC should continue to pursue its goal of offering a Comprehensive Cancer Program.</p>	<p>Indian River Medical Center Foundation has raised \$31.7 million toward a goal of \$48 million to fund the development of a comprehensive community cancer program, in affiliation with Duke Medicine. Funds will support new facilities, advancements in technology and programs to support a Comprehensive Cancer Program, including patient navigation, clinical research, genetic counseling, AND community education on prevention and early detection. Duke & IRMC are in process of recruiting the Medical Director, Administrator and Director of Research for the Cancer Center.</p> <p>Upcoming milestones include:</p> <ul style="list-style-type: none"> ▪ Oct. 2014-Tru-Beam Installation complete ▪ Dec. 2014-Operating Room Suites (2) complete ▪ Dec. 2014-Inpatient Cancer renovation complete ▪ Apr. 2015-Cancer Center Facility Opens
<p>WELLNESS Wellness, health promotion and disease prevention should become a focus of IRMC. Plans to develop and implement a medically based wellness program should consider the findings of this assessment.</p>	<p>IRMC is in the final phases of design for the Health & Wellness Center. This facility will consist of a state-of-the art medically supervised wellness program, modeled after the Duke Center for Living; hospital outpatient services such as physical therapy, cardiac rehabilitation and outpatient imaging; physician offices for employed and private physicians; retail health services, and a community education center.</p> <p>The Medical Wellness Program will include high tech exercise equipment capable of tracking and trending individual performance with personal health advisors available to encourage evidence-based practices to improve and maintain health. Patients completing their course of treatment in physical therapy, occupational therapy or cardiac rehabilitation will be able to continue exercise in an adjacent medically-oriented, safe environment.</p>

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<p>PERINATAL Funding from Indian River County's Health Care District allows IRMC to offer an obstetrical service to the uninsured and under-insured. Due to the high-risk nature of this population, specialists in perinatal medicine are needed. The current arrangement to offer this expertise one day a week is inadequate. This service needs to be expanded to two days per week.</p>	<p>The Perinatology physician group no longer has an office presence in Indian River County. Administration is currently investigating a Nemours Children's hospital relationship.</p>
<p>BEHAVIORAL HEALTH IRMC's current inpatient Behavior Health Program must be complemented by available outpatient services. It is recommended that IRMC explore strategies to improve access to ongoing care following hospitalization for these patients.</p>	<p>IRMC joined the Mental Health Collaborative which is conducting an analysis of the Continuum of Care for Behavioral Health Services to identify gaps in Patient care. IRMC will then work with other Behavioral Health Providers in the community to coordinate improved access to outpatient services. In addition, IRMC has recently initiated Medical Management for discharged patients to provide needed Outpatient Psychiatric prescriptions until follow up with community providers.</p>

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<p>CHRONIC DISEASE MANAGEMENT IRMC should consider developing a program to help patients with the management of chronic diseases. It is recommended that the current Congestive Heart Failure Clinic model be expanded to serve patients with diabetes, hypertension and weight management.</p>	<p>This fall IRMC received the “Silver” award from the American Heart Association for our efforts in the CHF Clinic. Plans are underway to create similar chronic disease programs to be housed in the Health and Wellness Center including:</p> <ul style="list-style-type: none"> •Diabetes Education •Active Aging •Arthritis •Neuromuscular Disease •Medical Weight Loss
<p>SCREENING AND EARLY DIAGNOSIS Residents of Indian River County are not receiving the necessary screening/diagnostic evaluations to allow treatment of disease in its early stages. A planned, systematic, and ongoing public education series is recommended.</p>	<p>A major initiative of IRMC Cancer Center’s programmatic development is the early detection of and prevention of Cancer. Cancer is the number one killer in Indian River County. IRMC has focused on two major components of early detection; education and cancer screening. We have provided community education regarding the signs and symptoms of the various types of cancer including; breast, cervix, mouth, larynx, colon, rectum, and skin. Additionally we have offered screenings for cancer which include; mammography to identify breast cancer, pap smears to diagnose cervical cancer, sigmoid and colonoscopy to detect colorectal cancer, and skin examination to identify melanoma.</p> <p>Multiple public education programs have been conducted in the last year. Most noteworthy is the Cancer: Prevention and Early Detection medical panel, which included clinical experts to speak about prevention and early detection of colorectal, lung, prostate and breasts cancers. These programs have been presented to seven communities with an estimated attendance of approximately 1,900 people. Free Colorectal screening kits were made available at these events.</p>